

University of Toronto Resources and Policies

Mental Health and Well-Being

Your health and well-being in this course are important to everyone – from the instructors, TAs, administrative staff and the University of Toronto as a whole. The following are suggestions and resources to make sure you have a productive and healthy semester. The university experience can be a challenging one, there is no need to go about it alone. If you or anyone you know could use someone to talk to (or text with), here are some resources in addition to your instructors, program coordinators, and TAs:

- Your College Registrar: uoft.me/registrars
- UofT Health and Wellness: 700 Bay Street Toronto, ON M5G 1Z6
416-978-8030 | info.hwc@utoronto.ca

24/7 emergency counselling services:

- [U of T Telus Health Student Support](#) (formerly My SSP) | **1-844-451-9700**. Outside of North America, call **001-416-380-6578**.
Culturally-competent mental health and counselling services in **146 languages** for all U of T students.
- [Good2Talk Student Helpline](#) | **1-866-925-5454**
Professional counseling, information and referrals helpline for mental health, addictions and students well-being.

Academic Integrity

Academic integrity is a foundation of our university community's intellectual life. What does it mean to act with academic integrity? Acting with academic integrity means not 'cheating' to get ahead. U of T supports the International Center for Academic Integrity's definition of academic integrity as acting with honesty, trust, fairness, respect, responsibility, and courage in all academic matters.

<https://www.academicintegrity.utoronto.ca/>

The University of Toronto treats cases of academic misconduct very seriously. Academic integrity is a fundamental value of learning and scholarship at the U of T. Participating honestly, respectfully, responsibly, and fairly in this academic community ensures that your U of T degree is valued and respected as a true signifier of your individual academic achievement.

The University of Toronto's [Code of Behaviour on Academic Matters](#) outlines the behaviours that constitute academic misconduct, the processes for addressing academic offences, and the penalties that may be imposed. You are expected to be familiar with the contents of this document. Potential offences include, but are not limited to:

In papers and assignments:

- using someone else's ideas or words without appropriate acknowledgement
- submitting your own work in more than one course without the permission of the instructor
- making up sources or facts
- obtaining or providing unauthorized assistance on any assignment (this includes working in groups on assignments that are supposed to be individual work)

On tests and exams:

- using or possessing any unauthorized aid, including a cell phone
- looking at someone else's answers
- letting someone else look at your answers
- misrepresenting your identity
- submitting an altered test for re-grading

Misrepresentation:

- falsifying or altering any documentation required by the University, including (but not limited to) doctor's notes
- falsifying institutional documents or grades

Avoiding Plagiarism

<https://advice.writing.utoronto.ca/using-sources/how-not-to-plagiarize/>

Generative AI:

It is not required to complete any coursework, and we caution you to not rely on those tools to complete your coursework. Instead, you can treat generative AI as a supplementary tool for exploration and for gathering information from across sources and assimilating for understanding. The final submitted assignment must be original work produced by the individual student alone. Ultimately, you (and not any AI tool) are responsible for your own learning in this course, and for all the work you submit for credit. It is your responsibility to critically evaluate the content generated, and to regularly assess your own learning independent of any generative AI tools. Over reliance on generative AI may give you a false sense of how much you have learned, which can lead to poor performance on assignments and exams, or in future work/study after graduation.

All suspected cases of academic misconduct will be investigated following the procedures outlined in the [Code of Behaviour on Academic Matters](#). If you have any questions about what is or is not permitted in this course, please do not hesitate to contact me. If you have questions about appropriate research and citation methods, you are expected to seek out additional information from me or other available campus resources like the [College Writing Centres](#), the [Academic Success Centre](#), or the [U of T Writing Website](#).

Accommodations

Students with Disabilities:

Students with diverse learning styles and needs are welcome in this course. If you have an acute or ongoing disability issue or accommodation need, you should register with Accessibility Services (AS) at the beginning of the academic year by visiting <https://studentlife.utoronto.ca/departments/accessibility-services/>. Without registration, you will not be able to verify your situation with your instructors, and instructors will not be advised about your accommodation needs. AS will assess your situation, develop an accommodation plan with you, and support you in requesting accommodation for your course work. Remember that the process of

accommodation is private: AS will not share details of your needs or condition with any instructor, and your instructors will not reveal that you are registered with AS.

Accessibility Services: accessibility.services@utoronto.ca or <https://studentlife.utoronto.ca/department/accessibility-services/>

Religious Accommodations:

As a student at the University of Toronto, you are part of a diverse community that welcomes and includes students and faculty from a wide range of cultural and religious traditions. For my part, I will make every reasonable effort to avoid scheduling tests, examinations, or other compulsory activities on religious holy days not captured by statutory holidays. Further to University Policy, if you anticipate being absent from class or missing a major course activity (such as a test or in-class assignment) due to a religious observance, please let me know as early in the course as possible, and with sufficient notice (at least two to three weeks), so that we can work together to make alternate arrangements.

Family Care Responsibilities:

The University of Toronto strives to provide a family-friendly environment. You may wish to inform me if you are a student with family responsibilities. If you are a student parent or have family responsibilities, you also may wish to visit the Family Care Office website at familycare.utoronto.ca.

Equity, Diversity and Inclusion

The University of Toronto is committed to equity, human rights and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect where all members of our community can express themselves, engage with each other, and respect one another's differences. U of T does not condone discrimination or harassment against any persons or communities.